S Guardian[®]

Protect your smile and overall health

Get the dental care you need, from a dentist you want to see

A healthy mouth is the gateway to a healthy body. And the right dental plan can make a big difference. How? By covering routine preventive and corrective care in ways that promote healthy teeth and gums, and reducing the physical and mental health risks — including low self-esteem — tied to poor oral health.¹ So our plans cover regular checkups and include an extra annual cleaning for those with certain medical conditions. They also help pay for more extensive and costly dental work like fillings, crowns, and root canals. And while you can see any dentist you like, you'll save more when you see an in-network dentist. Because you and your family deserve to have better oral health — on your terms.

Who is it for?

- Anyone who wants to save on quality dental care
- People who care about dentist choice and want access to a broad provider network
- Those who want regular preventive care to help promote oral and overall health

What does it cover?

- Preventive checkups, including cleanings and x-rays
- Restorative services like fillings, and crowns, along with endodontic, periodontic, prosthodontic and oral surgery services

Why should I consider it?

- Access to one of the largest dental networks in the nation, with over 134,000 providers
- No ID cards needed, and no need to file claims in-network
- Most plans cover 100% of preventive care costs in-network
- Affordable group rate with convenient payroll deduction



Did you know?

Poor oral health can lead to a variety of adverse health outcomes such as cardiovascular disease, diabetes, dental cavities, poor mental health and stroke.²



It's easy to find an in-network provider

To find an in-network dentist, visit **guardianlife.com** or download the Guardian 'Find a Provider' mobile app.

Here's how it works

You can use any licensed dentist, but when you see a network dentist, you and your family will get extra savings. Plans emphasize preventive care to foster overall wellbeing and help minimize the need for more costly

dental procedures down the road.



Watch a video Scan the code to learn more.

Learn more about Dental Insurance at guardianlife.com.

The Guardian Life Insurance Company of America guardianlife.com

New York, NY

2022-136815 (Exp. 04/24)

¹ <u>A Deep Dive into the Connections Between Oral and Behavioral Health</u>. FamiliesUSA, March 2019.
² Oral Health Services Consumer Engagement Research Report, Florida Institute for Health Innovation, June 2021. DentalGuard Insurance is underwritten and issued by The Guardian Life Insurance Company of America, New York, NY. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. GUARDIAN[®] is a registered trademark of The Guardian Life Insurance Company of America[®].
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